



JUNIOR LIFEGUARD CLUB CAMP

The JLC is an exciting activity for youth ages 8years to 15years

Monday to Friday
July 18th – 22nd
9am to 4pm

extended care -- 7am to 9am and 4pm to 5pm

\$158.20 (inclusive) for Military & DTM
\$169.55 (inclusive) for BCRA
\$180.80 (inclusive) for General Public

Enjoy a day at
PARAMOUNT CANADA'S WONDERLAND
SPLASHWORKS WATER PARK



- ❖ Enjoy an afternoon at Centennial Beach in Barrie
 - ❖ Be certified in Basic First Aid & CPR-A
 - ❖ Complete a Community Water Smart Education
- ❖ Shadow lifeguarding – learn the skills from a real lifeguard

The Junior Lifeguard Club offers an action-packed aquatic challenge for youth who love the water

- ❖ The Club stresses fun and skill development based on personal best achievement
- ❖ Friends & family can join together even if they are of different ages and abilities
- ❖ Lots of recognition for personal effort and success
- ❖ Club participants record achievements in their personal *Water Logs*
- ❖ Junior Lifeguard Club participants work to develop and improve personal bests in lifesaving skills, fitness, lifesaving knowledge, leadership and teamwork
- ❖ Club participants also work individually on a Community Water Smart Education Project

The Youth Aquatic Club is lead by Lifesaving Society certified Instructors/Lifeguards

Junior Lifeguard Club

General JLC Registration Information

Name: _____ Gender: Male _____ Female _____

Birth date: _____ Home phone number: _____
month date year

Address: _____
street # & name city postal code

E-mail: (parent newsletter emailed) _____

Father/Mother's Name: _____

Section: _____ Work Number: _____

Extended care:
Morning care Yes No Time: _____
Evening care Yes No Time: _____

Authorization

- My child has my permission to attend all sessions during the Borden Junior Lifeguard Club activities.
- I understand that in registering my child for the club, he/she will be involved in both physical/non-physical activities and with any physical/non-physical activity; there is risk of injury. In the event of an emergency, I authorize the physician in the emergency care facility selected by the Club staff to secure proper treatment for the child named above.
- I give my permission for my child's photo to be used for publicity purposes. These photos may be taken during activities on and off CFB Borden that are part of the Borden Junior Lifeguard Club.
- Safe arrival & departure program: all club participants must be signed in every morning and signed out every evening. Only the parent/guardian who signed a club participant in will be permitted to sign a participant out unless otherwise stated on the sign in/out form. Additional charges of \$5 for each 10 minutes past 5:00pm pick-up will apply.
- Refund policy: all withdrawal requests must be received 7 days before the beginning of camp. No refund will be issued after 7 days prior to the beginning of the Club. All withdrawals are subject to a \$10.00 administration fee.
- I give permission for my child to be inspected for head lice on a daily basis by qualified staff. If my child is found to be infected with head lice I will be contacted and I understand that my child will not be accepted to return to the Club until at least two head lice treatments have been completed.

This form may be duplicated.

Signature of Parent/Guardian: _____

Date: _____

Junior Lifeguard Club

JLC Emergency Information

Emergency contact: _____ Home phone: _____
 Relation: _____ Work phone: _____

Alternative contact: _____ Home phone : _____
 Relation to child: _____ Work phone: _____

Child's health card number _____ Version code: _____
 Child's Doctor's Name: _____ Phone number: _____

Allergies:

Is your child allergic to any of the following?

Comments

Comments

- animals
- foods
- stings

- drugs
- peanuts
- other

Additional Health Information

Please state any physical or behavioural challenges that may be useful to the staff.

Does your child receive any medication? Yes No

Illness/Condition	Medication	Dosage	Time of Day
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General information parents need to know about the Junior Lifeguard Club

How to Register

Registration must be done in person at the Recreation Kiosk at the Buell Fitness & Aquatic Center.

Registration begins for:

- ❖ Military and DTM begins on Friday, May 6th. at 10:00am and is on-going
- ❖ BCRA begins on Saturday, May 14th. at 10:30am and is on-going
- ❖ General Public begins on Monday, May 28th. at 10:00am and is on-going

Payment Methods

Payment can be made with credit cards such as Amex, Mastercard or Visa. Debit and cash payments are also available.

Refund Policy

All withdrawal requests must be received seven business days before the beginning of each camp week. A refund will not be issued after the seven business days. All withdrawals are subject to a \$10.00 administration fee.

Camp Dress & Food Policy

Participants need to wear indoor running shoes (non-marking) shorts and a shirt. Participants should come everyday with a lunch, snacks, water bottle, bathing suit and several towels. JLC is nut aware; please do not send any nut products in your child's lunch.

Inclusion at Camp

Our Junior Lifeguard Club provides an integrated environment. Participants of all abilities are welcome to enroll in our camp program. Mediators are welcome to accompany any child who requires assistance to be involved in our summer camp.

Refund

A will not be issued after the seven business days. All withdrawals are subject to a \$10.00 administration fee.

Camp Hours

Camp runs daily from 9:00am to 4:00pm.

Extended Camp Services

The extended hours of camp are offered FREE of charge to all participants.
Daily from 7:00am to 9:00am and 4:00pm to 5:00pm.

Quality Supervision

Our staff/participant ratios reflect our commitment to quality program supervision. The JLC operates with a ratio of one coach for every ten participants. These ratios may be supplemented with support from Mediators and volunteers.

Safe Arrival & Departure Program

All participants must be signed in every morning and signed out every evening. Only the parent/guardian who signed a participant in will be permitted to sign a participant out unless otherwise stated on the sign in/out form.

Please contact 705 – 424 - 1200 extension 2473 with any questions.

preston.colleen@cfpsa.com



Junior Lifeguard Club -- Newsletter



Welcome Junior Lifeguards and parents! The Junior Lifeguard Club is designed for participants to develop based on personal best achievements. The JLC allows participants the opportunity to maximize their potential while promoting the importance of JLC as a vehicle to build character, discipline and self-esteem.

Participants will learn and develop

- ❖ fitness
- ❖ leadership
- ❖ teamwork
- ❖ lifesaving knowledge
- ❖ lifesaving skills
- ❖ swimming skills
- ❖ competition

Please remember the following items everyday

- ❖ a bathing suit
- ❖ several towels & sweat tops
- ❖ swim goggles
- ❖ sunscreen
- ❖ extra water/snacks/a lunch
- ❖ a lock for the locker
- ❖ earrings, watches, necklaces, etc. are not allowed

The JLC is a nut aware camp. Please do not send any type of nut product with your child.
Staffs are not permitted to apply sunscreen to our participants due to liability reasons.

Please ensure to send any information that may be missing on your child's emergency form.



Junior Lifeguard Club -- Schedule

Monday July 18 & Tuesday July 19 & Thursday July 21

- | | |
|--------------------------------------|---|
| 9:00am to 11:15am
Outdoor pool | ✓ Individual Skill Development
✓ Aquatic Sports/Game |
| 11:15am to 2:00pm
Conference room | ✓ Lunch
✓ Basic First Aid
✓ CPR – A
✓ Community Water Safety Education |
| 2:00pm to 3:00pm
Outdoor pool | ✓ Shadow Lifeguarding |
| 3:00pm to 4:00pm
Outdoor pool | ✓ Recreational Swim |

Wednesday July 20

PARAMOUNT CANADA'S WONDERLAND SPLASHWORKS WATER PARK

Meet in the front lobby of the Buell Fitness & Aquatic Center at 8:45am
Bus leaves at 9:00am sharp
Bus returns at 4:00pm

Friday July 22

- | | |
|-------------------|---|
| 9:00am to 11:15am | ✓ Individual Skill Development
✓ Aquatic Sports/Game |
| 11:30am to 4:00pm | Centennial beach in Barrie |

