

CFB Borden Community Recreation
Swimming Lessons Spring 2012

Course 10 lessons	Tuesday April 3 to June 5	Thursday April 5 to June 7	Saturday March 31 to June 16 <i>no lesson Apr 7 no lesson May 19</i>	Pre-requisite	Age Requirements
Starfish	11:15 - 11:45am	5:00 - 5:30pm	11:00 - 11:30am	age	6m - 12m
Duck	10:45 - 11:15am	5:30 - 6:00pm	11:30am - 12:00pm	age	12m - 24m
Sea Turtle	10:15 - 10:45am	6:00 - 6:30pm	12:00 - 12:30pm	age	2yrs - 3yrs
Sea Otter	9:45 - 10:15am	6:30 - 7:00pm	12:30 - 1:00pm	age	3yrs - 4yrs

	9:15 - 9:45am				
Salamander	5:00 - 5:30pm 5:30 - 6:00pm 6:00 - 6:30pm 6:30 - 7:00pm		9:00 - 9:30am 9:30 - 10:00am 10:00 - 10:30am 10:30 - 11:00am	age	4 yrs & 5 yrs
Sun Fish	5:00 - 5:30pm 6:30 - 7:00pm	5:00 - 5:30pm 6:00 - 6:30pm	9:30 - 10:00am 10:00 - 10:30am 11:00 - 11:30am	Salamander	4 yrs & 5 yrs
Crocodile	5:30-6:00pm		9:30 - 10:00am	Sun Fish	4 yrs & 5 yrs
Whale			9:00 - 9:30am	Crocodile	4 yrs & 5 yrs

Swim Kids 1	5:00 - 5:30pm 6:00 - 6:30pm 6:30 - 7:00pm		9:00 - 9:30am 9:30 - 10:00am 10:30 - 11:00am		6 yrs & older
Swim Kids 2	5:00 - 5:30pm 5:30 - 6:00pm 6:15 - 6:45pm	5:00 - 5:30pm 6:00 - 6:30pm 6:30 - 7:00pm	9:00 - 9:30am 9:30 - 10:00am 10:00 - 10:30am 11:00 - 11:30am 11:30am - 12:00pm	SK 1	6 yrs & older
Swim Kids 3	5:00 - 5:30pm 6:15 - 6:45pm 6:30 - 7:00pm	5:30 - 6:00pm 6:30 - 7:00pm	10:00 - 10:30am 11:00 - 11:30am 11:30am - 12:00pm	SK 2	6 yrs & older
Swim Kids 4	5:00 - 5:30pm 6:00 - 6:30pm	5:30 - 6:00pm 6:30 - 7:00pm	10:00 - 10:30am 10:30 - 11:00am 12:15 - 12:45pm	SK 3	6 yrs & older
Swim Kids 5	5:00 - 5:30pm 6:15 - 6:45pm	5:00 - 5:30pm 6:00 - 6:30pm	9:00 - 9:30am 10:30am - 11:00am 11:30am - 12:00pm	SK 4	6 yrs & older

Swim Kids 6	5:30 - 6:15pm	5:30 - 6:15pm	11:30am - 12:15pm	SK 5	6 yrs & older
Swim Kids 7	5:30 - 6:15pm	6:15 - 7:00pm	12:00 - 12:45pm	SK 6	6 yrs & older
Swim Kids 8	5:30 - 6:15pm	6:15 - 7:00pm	12:00 - 12:45pm	SK 7	6 yrs & older
Swim Kids 9	5:30 - 6:30pm		12:00 - 1:00pm	SK 8	6 yrs & older
Swim Kids 10	5:30 - 6:30pm		12:00 - 1:00pm	SK 9	6 yrs & older

Synchro level 1		5:30 - 6:00pm		completed SK 3	6 yrs & older
Junior Lifeguard Club			12:00 - 1:00pm		8 yrs & older
Parent/tot Aqua-fit		Wednesdays	9:30am to 10:15am	April 4 to June 6	6 m. to 3 yrs.

